EVERYONE HAS IT IN HIS POWER SCHOOL DAYS Medicine Newspaper Syndician By DWIG Patter And Chatter GIVE HIS SOUL REFRESHMENT

TO GIVE HIS SOUL REFRESHMENT

Do You aften give your soul an airing? Are you as careful about your seul's health as about your bedy's?

Offerent people have all sorts of ways of refreshing themselves, adjusting their attitude toward life, clearing the
solves adjusting their attitude toward life, clearing the
soul of its chains. But the really important thing it seems to the country of the
soul of its chains. But the really important thing is selected
and on the real proportion to the states of the effect of winter in Canada in the soul of the traped of a travel of the soul of the traped of a travel of the superclumity is always with you; it is only a question of
whether you choses to fake it or hock.

Travel being, it is pleasant, informing and broadening,
the greatest men and women of the ages have never traveled.

Travel is you measis mecessary to the acquiring of soul
contentment and of a broad human sympathy. Many of
the greatest men and women of the ages have never traveled.

Travel is readil and enjoyable in proportion to what is
person takes with him as intellectual and spiritual equipmient on his way. A dull person finds travel delt, and
travel cannot help him.

The key to soul health is divursity of interests, ardent
enthusiasm, and colivated appreciation, commonly called
the ready of farmers in all person thack travel delt, and
travel cannot help him.

Andert enthusiasm is not only a fertile source of happiness for oneself, but it is infectious, and confers a bottom
bould even without having hid the opportunities of
exclusived appreciation is largely a product of environment. Persons who, by fortune or choice, habitantly have
confact with the best things, form their own attaineds of
the striptor, musticals, with a sufficed, wood caver,
which is received appreciation is largely a product of environment. Persons who, by fortune or choice, habitantly have
confact with the best things, form their own attaineds of
the striptor, musticals, with a sufficed, wood caver,
worker in previous mental, or

they help to keep one young, fresh, active, quickly responsive to new needs, and clastic.

There is no her to self advancement. Nobody is being held down or prevented. The way is open. Greater joy in life, greater efficiency in productive work, greater carning power, follow a wider knowledge and appreciation of the fine things of life. One's background is breadened, one's judgment made keener and suice, one's command strengthened, one's firtying power increased by what is, sometimes with a smeet, called culture.

Pertunately, in this sphere at least, all of us are "free and equal." The rewards are open to all who strive even a little.

a little.

Discontent is often merely the product of duliness, and so man or wuman need be duli unless he choose.

There isn't much grass, but what there is is being mound every marning right under the window before it is time to get up.

A subscriber asks what a champion is. The sporting ditor says a champion is any challenger not in the heavy-diffe Seems like every time one picks up a paper the miners that is the sluff life is made of. in West Virginia are fighting again.

Beauty Chats By EDNA RENT PORDES.

is interests which makes for soul health.

Not everyone can be a profound philosopher. But everyone can by reading familiarise himself with the elements of the world's philosophies and enjoy the intellectual and spiritual exercise that comes from reading finely reasoned legical analyses or controversial matter on the higher planes of human knowledge and experience.

Interest in current events of the more important kinds increases in proportion to the basic knowledge one possesses. The way to knowledge is open to all who desire it. The gapel of culture is not opposed to the goopel of efficiency. Study and knowledge of the arts and classics do not until a man for the world's work; on the contrary, they help to keep one young, fresh, active, quickly responsive to new needs, and elastic.

Plant Trees

NEED of shade in El Paso is next to the need for water. If the junior chamber of commerce never should do anything more than cause trees to be set out over the city in more than cause trees to be set out over the city in more than cause trees to be set out over the city in more than cause trees to be set out over the city in more than cause trees to be set out over the city in more than cause trees to be set out over the city in more than cause trees to be set out over the city in more than cause trees to be set out over the city in more than cause trees to be set out over the city in more than cause trees to be set out over the city in more than cause trees to be set out over the city anything more than cause trees to be set out over the city anything more than cause trees to be set out over the city anything more than cause trees to be set out over the city anything more than cause trees to be set out over the city anything more than cause trees to be set out over the city anything more than cause trees to be set out over the city anything more than cause trees to be set out over the city anything more than cause trees to be set out over the city anything more than cause trees to the protein the junior chamber of co

A tree that hooks at God all day, and lifts her leafy arms to pray; A tree that may in summer wear A mest of tobins in her hair; Upon whose become anow has lain; Who intimately lives with rain. Poems are made by fools like me, But only God can make a tree!

Mr. Kilmer might have added that man can help God

The wife of the secretary of the navy is a delegate to a woman suffrage convention in Europe. Her speech was sent out to newspapers in franked envelopes of the navy department. More Democratic efficiency.

Bryan says Wall street will ditch the Democratic party. In that one respect Bryan and Wall street are agreed.

Most of the public speeches don't make any particular

Dost thou love life? Then do not squander time, for

A Line O' Cheer Each Day O' The Year By JOHN KENDRICK BANGS.

cream that is lighter in quality with the embeydieries will be used sporting. Chean shoes are more apt to be fancy in cut than good ones. If you want to be well dressed, in the fancy in cut than good ones. If you want to be well dressed, if you are a business girl, remember that the office is the last place in the world to display fancy purposits. Build stain gray or white hair displays and analysis. Political affairs have not neck not necessarily dress yourself extent to the fallows which is so display fancy purposits. You made not necessarily dress yourself extent to the health place in the world to display fancy purposits. You should certainly not wear picture hats of blook malling and jet. French heel sath slippers and ruffled not dresses to an office. You can dress in thildred suits and frocks and still wars colors that are rough and chapped.

Eliondo—Use oold creum on hands that are rough and chapped.

Tell your brother that the safest

OPHELIA

The sound of a belt which can be brand that are rough and chapped.

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The sound of a belt which can be brand that are rough and chapped.

The sound of a belt which can be brand through the warry can be heard through the air only its provious and excitement seem to be beard through the air only its provide—Cappright, 1923, by the McClure Newspaper Syndicate.

HOROSCOPE

On Being Well Dressed

FANCY clothes are not necessarily people of the p

Westloamen or a state with a continued control estimated control of statemen control of statement con



Little Interviews.

Municipal Swimming Pool Is Called Godsend To Citizens; Irresponsible Talk Of Mexican "Plots" Should Be Stopped

El. Parow new estimating pool is a great to the right direction." Said Crawford Milton. of Douglass, and of this the hot heads make great expects. "Recently there have been so many persons drowned in the american late, that it is high time a milicipal pool is established with and a warm summer and with so little ware around the city, it will be a Goddenia to those who seeds a swim for counfort and recreation. Now, it an effort is made its make the grounds around this pool into a pretty park, it will be the cilimax of a good mave. Every young person and others who seeds a swim for composed largely of these. There is no doubt that Americans have surfaced is have an anne and smallble people in the military of a good mave. Every young person and others who seeds a swim for composed largely of these. There is no doubt that Americans have surfaced is also the grounds around this pool into a pretty park, it will be the cilimax of a groot mave. Every young person and others who enjoy well and the warm of the great may an an an and of this the hot heads make great the war transform and other who have the said and an extra prove that the wide propagating war story and yet have for the warm of the most are therefore, reads a heading in a paper.

Bedtime Stories For The Little Ones UNCE upon a time, when Uncle violed the form of the summer and the summer of any world with the provention of the summer of propagating war is to be a little friction along the border.

Bedtime Stories For The Little Ones of the summer, but that swimming pools in the summer of any world the summer of any world the summer of the summer of any world the summer of the summer of any world the summer of the summer of any

UNCLE WIGGLY AND LITTLE HOPPL

Wignity was on like way through the woods looking for an atventure, and at the same time going to the five and seven cent store to get a paper of hat pins for Nurse Jame Punny Wurze, the rabbit sentleman heard some volces talking bahind a skitter's lack. First, I'll Jump on land on the some volces talking bahind a skitter's lack. First, I'll Jump on land on the soft bed of green mose under a tree.

These wignity gave one of his bent mose, as fruity as a liallypop bash, you it, to show that it is very easy, and memory looks talking bahind a first of green mose under a tree.

These wignity gave one of his bent man, and landed on the soft bed of green mose under a tree.

These wignity gave one of his bent man, and landed on the soft bed of green mose under a tree.

"Now, Hopp!" and landed on the soft bed of green mose under a tree.

"Now, Hopp!" and landed on the soft bed of green mose under a tree.

"Now, Hopp!" and the soft bed of green mose and the best bed of green mose under a tree.

"Now, Hopp!" and landed on the soft bed of green mose under a tree.

"Now, Hopp!" and landed on the soft bed of green mose under a tree.

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"Now, Hopp!" and the soft bed of green mose under a tree.

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"Now, Hopp!" and landed on the soft bed of green mose under a tree.

"Now, Hopp!" and the soft bed of green mose under a tree.

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"Now, Hopp!" and the soft bed of green mose under a tree.

"Now Hopp!" and the soft bed of green mose under a tree.

"Now Hopp!" and the soft bed of

"Afraid of what silly chap?" went on the second vokes. "Don't you see me do it so easily? Why won't you

E. What is a horde?

6. What is an incandement soil

7. What is a figh-meal?

8. What is the correct way to address the mayor of a city?

7. What causes the high wind currects at the mouth of large caves?

10. Who was the greatest woman ocutor in the Liuted States?

An amore to Yesterday's Kwis.

1. A table-runner is an ermanental sirp of material to lay across a table top for protection or decoration.

2. An impropriety is unanitable or unseemly speech or behavior.

3. The planet Negtune circles the sim is twenty-thine and a half years.

4. The color of a quarantine final is yellow.

5. The city of Sault Ssints Maris is minused in Chinaswa country, Michigan, and is the Prevince of Ottaws.

Canada, the two ports connected by a railroad brills. It is a poet of entry to both the Guited States and Canada.

6. A griditron is a conditing transit meals over an open fire.

7. Thursting Trips of a Banchman? was written by Col. Thosdors Bossewell, as a record of his own experience in the west.

2. An axis is a central line or pitotal point.

3. Taxis are public motor caba.

3. A sither is a stringent instrument having a fint sentating board.



HER HEART'S DESIRE

Where is the country betting
People think I must be great,
And the bills that I am getting
Keep me working hard and inte.
Our apartment and been resided
Till the leaves begin to fall)
Many fines I have repeated,
But it can't be helped at all.

If was strictly increasing the transfer of the Therefore it occurred to Mary To park my and leave the town. We can save a lot of misser if we can save a lot of misser if we can save a lot of misser if we can save a lot of misser in the transfer in the tr



FF OFTEN HAPPENS THAT WAT. He had the features and the frame. Of one who might have played a part Entitling him to heating fame. But he didn't seem to have the heart.

Ye Towne Gossip.

WHEN I was back east.

I WENT to a ball game.

AND I'VE gulls forgotten. WHAT INNING It WES, BUT WHERE I sat. THERE WAS a young lady. RIGHT NEXT to me. AND UNATTACHED.

AND APPARENTLY timid. AND SHE looked at ma. AND AT the man. AT HER other sids. AND HE WES fat.

AND VERY WEITH. AND I wasn't so fat. NOR YET SO WARM. AND SHE chose ma. AND SAID to me.

THAT IT was the first time. SHE'D BEEN to a game. AND THE reason she came. WAS TO see Mr. Buth. AND WOULD I tell ber, WHEN HE made a home run.

WHICH SHE seemed to think HE WOULD surely do. AND I said I would. AND WHATIVER lining. IT HAPPENED IS. PVE FORGOTTEN NOW. BUT THE Babe came up. WITH HIS mighty bat.

AND THERE was applaues. AS THERE SITES IS. WHEN BABE appears. AND THEN the hush.

THAT SETTLES SOUR. WHEN BABE swings back. AND WATTS the ball. AND THEN the ball. AND THEN the crash. AND EVERY une. HXCEPT THUS girl. STOOD UP and yelled.

AND INTO the stand. WHERE THE right field lies. AND THEN the Baba. WITH HAT In hand. AND A smile on his face. AS ME umbled back. TO THE players' beach.

AND THE cheering ceased. AND WE all sat down. AND I told the girl. WHAT HARE had done.

Peanuts Helped Viola Salt Down a Fortune By FRANCES L. GARSIDE.

By FRANCES L. GARSIDE.

A MAN walks along the street munching salted persuits. They are good. Subconsciously, he realizes that they have with them the flavor that only a woman can give to things that come out of an own. He doesn't follow up the suggestion or he might discover that it is a woman, and that she is the only woman in the world who is doing the work on a large scale.

Her name is Viola V. N. Woodruff, and when her hesband and father died within the same week six years ago, she hadn't time he sit down and moure, for she had to grape a livering, for which she had had no prepa-

If I Had My Life To Live Over Again

WOULD do about the same thing, but I might have worked a little harder.—It. P. Corner.

A E Schutz * * *

I would take no blumbing fastead of law A. W. Norceo.

What would you do? Tell it to The

